

RETURN TO THE GARDEN
WORKBOOK

Unit One

GOD'S ORIGINAL DESIGN



REBECCA MANN KELLY



The Spirit of the Lord is upon me, because he has anointed me to preach the gospel to the poor; he has sent me to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed; to proclaim the acceptable year of the Lord. – Jesus

Luke 4:18-19 (NKJV)

In your own words, describe why you are doing this course, and what are the primary things you hope to get out of it?

How do we overcome the devil, according to Revelation 12:11?

In what ways can you personally relate to my dream of the woman drowning or relate it to someone you know?

Why is understanding God's original design for men and women important? What does this have to do with Jesus?

Then God said, "Let us make man in our image, according to our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth, and over every creeping thing that creeps on the earth." So God created man in his own image, in the image of God he created him, male and female he created them. Then God blessed them, and God said to them, "Be fruitful and multiply, fill the earth and subdue it, have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth."

Genesis 1:26-28

For each of the seven principles about original design, write down what stands out and speaks to you:

1. Men and Women were both made in the image of God. (Genesis 1:26-28, Colossians 3:10 TPT, 2 Corinthians 3:18 TPT, Isaiah 66:13)

2. Men and women were both given authority and dominion over the earth - equal positioning. (Genesis 1:26-28, Psalm 8:5-6 TPT, 1 Timothy 4:1)

It is not good for man to be alone, I will make for him a helper comparable to him...but for Adam, there was not found a helper comparable to him. And the Lord caused a deep sleep to fall on Adam, and he slept, and he took one of his ribs, and closed up the flesh in its place. Then the rib which the Lord God had taken from man he made into a woman, and he brought her to the man. And Adam said, "this is now bone of my bone and flesh of my flesh. She will be called woman because she was taken out of man." Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh. And they were both naked, the man and his wife, and they were not ashamed.

Genesis 2:18-25

3. Woman was made an 'ezer; together, men and women express the full picture of God. (Genesis 2:18-25, Psalm 33:20, Psalm 54:4, Ecclesiastes 4:9-12)

4. There was no gender hierarchy in the original design of men and women. (Genesis 1-2)

5. Before the fall, men and women had perfect intimacy with the Lord. (Genesis 1-2, John 1:1-5, Genesis 3:8, John 15:15, Genesis 5:23-24 TPT, Revelation 3:20, John 3:16)

6. Before the fall, men and women had perfect intimacy with each other. (Genesis 2:24 TPT, 2 Corinthians 6:14-17 TPT)

7. God's original design was free will - God always gives us choices, and love cannot exist without choice. (1 John 4:18, Genesis 2:17, Romans 6:23, Romans 8:28)

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.

1 John 4:18

UNIT ONE SELF-REFLECTION

Invite the Holy Spirit. Ask him to give you revelation on each of the seven principles of original design. Which are the areas where you feel the Lord encouraging you to dig in with more prayer and study? What are some truths that you want to penetrate deeper in your heart?

RESOURCES FOR FURTHER STUDY

Book: *The Final Quest Series* by Rick Joyner

Book: *A Brief History of Misogyny: The World's Oldest Prejudice* by Jack Holland



REFLECT AND JOURNAL



A large, empty rectangular box with a thin black border, intended for journaling or reflection.